



NORTHEAST EAGLES

River East Minor Hockey Association (REMHA) and Lord Selkirk Minor Hockey Association (LSMHA) operate a joint female hockey program under the brand Northeast Eagles. Girls thrive in the female U9 divisions because they are amongst peers with a common purpose – to have fun, develop skills, learn the game and compete.

The female U9 divisions fall under Hockey Winnipeg which means our teams play other area associations throughout the city. Female U9 hockey is tiered into three divisions – U9 A1, U9 A2 and U9 A3. League play consists of 18 games.

Throughout the season, Northeast Eagles players receive developmental skates put on by REMHA. These skates include power skating, agility, speed, puck handling and shooting. For those players who express interest in goaltending, REMHA has partnered with Tailor Goaltending to provide goaltending instruction free of charge for all female goalies.

Does female hockey cost more than male hockey?

Whether you play female or male hockey, the cost charged is the same.

What are team fees and what do they cover?

Team fees are shared expenses for the team. Last season, U9 team fees ranged from \$500 - \$1,200 per player and covered the cost of practice ice, team events and tournaments. Jerseys and socks (both home and away) are purchased directly from a local vendor and are owned by the skater. Average cost for a full set of socks and jerseys is approximately \$250.

How do you determine how many Eagles teams there are each year and what level skaters will play?

The number of Eagles teams is determined by Hockey Winnipeg based on the number of registrants at an age group. There are evaluations for all players and teams are determined after rankings by independent evaluators.

When can I expect to have practices and games?

All games for our U9 teams last season were on the weekend except for tournaments and the U9 jamboree (the end of season mini tournament). Practice ice can be scheduled during the week or on the weekends.

For games, do coaches skill match lines?

Coaches try their best to match skill but other coaches sometimes either have set lines or may not be interested.

What are the different age categories?

U9: 6, 7 & 8	U15: 13 & 14
U11: 9 & 10	U18: 15, 16 & 17
U13: 11 & 12	

Coach advice to new families:

- Get involved with the team (coach, manager, safety, etc).
- It's a long season so don't worry if you miss 1 or 2 games/practices.

Where and when do I register?

Families belonging to REMHA can register from the association's home website:

<https://www.remha.ca/>

Families belonging to LSMHA can register from the association's home website:

<https://www.lsmha.com/>

Registration is open by the first week of August and closes end of August/beginning of September.